



Employee Assistance Program (EAP)

Let us help

Your Employee Assistance Plan (EAP) offered by TELUS Health (formerly LifeWorks) provides you with immediate and confidential help for any work, health or life concern.

We're available anytime and anywhere. Let us help.



Access your EAP 24/7 by phone or web.

Call us: 1-866-289-6749
1-800-387-4765
TTY: 1-877-338-0275

Username: canadalive
Password: lifeworks

